

# CrossFit 575 Club

For more information or to join the club visit

[CrossFit575.com](http://CrossFit575.com)



## Where:

*Santa Barbara Coastline*

*(meet at Sherman Oaks  
office and carpool)*

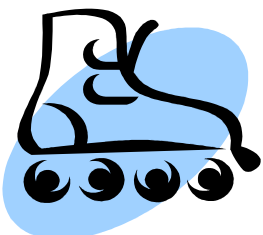
*15235 Burbank Blvd Sherman Oaks CA  
91411*

## When:

May 7th 2011  
9:00am

## Bring:

Water, snacks, sunscreen, hat,  
safety gear, 575 material



## Activity:

**Blading**

## RSVP by:

April 30th, 2011

[CrossFit575@gmail.com](mailto:CrossFit575@gmail.com) or 818.314.6441